

# TRAININGSSCHEMA 21-22

	VELD OLYMPIA	VELD VHL	DUVELTJESVELD
MAANDAG	20 - 21.30 u Junior Ladies		
DINSDAG	19 - 20.30 u U19B 19 - 20.30 u Goalkeeper training 20.30 - 22.30 u Heren1 20.30 - 22.30 u Dames1	19 - 20.30 u U19G1 + G2	
WOENSDAG	14 - 15 u U7B&G 15 - 16 u U8B&G 16 - 17 u U10G 17 - 18 u U12G 18 - 19.30 u U14B1 / U16B1 19.30 - 21 u U16G1 + G2 21 - 22.30 u Gents	16 - 18 u Wisselkeepers 16 - 17 u U10B 17 - 18 u U12B 18 - 19.30 u U14G1 + G2	
DONDERDAG	19 - 20.30 u U19G1 + G2 20.30 - 22.30 u Heren2 20.30 - 22.30 u Dames2	19 - 20.30 u U19B 20.30 - 22.00 u Trimmers	
VRIJDAG	17 - 18 u U7B&G / U10B1 18 - 19 u U10G / U12B1 / U12G1 19 - 20 u U14B1 / U16B1 20 - 21 u U16G1 + G2 21 - 22.30 u Heren1 +2 / Dames1 +2	17 - 18 u U8 / U10B2 18 - 19 u U12B U12G2+G3 19 - 20 u U14G1 + G2	17 - 18 u Olympiantjes